



www.LeadwithEmpower.com

Team Building & Leadership Development with Empower Leadership

What We Do: Empower Leadership offers experiential programs and workshops focused on positive and uplifting individual, team, culture, and community development. Our programs include group-appropriate activities and initiatives that are low to moderate in physical intensity (stand/walk/jog). Our activities and initiatives are ground-based and may take place indoors or outdoors. Each experience is custom-designed for each group we work with, and is led by our trained facilitators - ensuring a series of appropriate experiences geared towards the desired outcomes of your Event Organizer.

Why We Do It: *INSPIRE 1 MILLION INDIVIDUALS TO BECOME POSITIVE LEADERS IN THEIR COMMUNITIES!!!* Our experiences are designed to inspire personal development and group/team cohesion! Each experience is designed to reach the desired outcomes of your Event Organizer. Common outcomes include: **(1)** Fun Team Bonding, **(2)** Relationship/Trust Development, **(3)** Collaborative Teamwork and Problem Solving, **(4)** Productive Communication, **(5)** Self Leadership/Accountability Skill Development, and **(6)** Leadership of Others Skill Development.

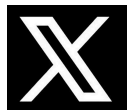
What to Expect: *Engage, Challenge, and Accomplish!!!* Our aim is to develop positive connections with participants, lead activities and initiatives that challenge participants at an appropriate level, and work directly with participants to help them develop leadership and team skills that will lead to memorable accomplishments! Participation in our programs is not required or forced - participants will be able to engage in a manner that suits their individual needs; however, we will always encourage participants to “find the edge of their comfort zone, then take one more step”. The best opportunities for personal and team development happen when we adventure out of our comfort zones and into our “stretch zones”.

How to Be Best Prepared: Participants should dress appropriately for activities that are low to moderate in physical intensity (stand/walk/jog). Closed toe/heel shoes (i.e. sneakers or hiking/trail shoes) are STRONGLY ENCOURAGED! Participants should consider weather conditions for outdoor programs/activities. Participants should bring a water bottle, snacks or lunch (if needed), and any personal medical items (i.e. inhaler, epi-pen, etc.). In addition to the “physical preparation” outlined above, all participants should expect the Empower Leadership experience to include the 3 Rules of Respect - **(1)** *RESPECT YOURSELF* by engaging in the experience to the best of your ability, **(2)** *RESPECT OTHERS* by doing and saying that which brings out the best in the people around you, and **(3)** *RESPECT THE ENVIRONMENT* by utilizing the activity equipment as demonstrated/explained by Empower Leadership and by leaving the space better than it was when you arrived!

Participant Acknowledgement of Risk Form: All participants are required to complete Empower Leadership Acknowledgement of Risk form (Acknowledgement Form) before participating in an Empower Leadership program/workshop. The Acknowledgement Form is provided to your Event Organizer at the time of reservation. The Acknowledgement Form is completed online. Participants under the age of 18 will need their form completed by one of their parents or legal guardians. The purpose of the form is to be sure that participants, and their parents/legal guardians understand that **(1)** participation in our programs/activities is voluntary, **(2)** there are inherent risks associated with participating in such programs/activities, **(3)** the Empower Leadership Team leads/facilitates all aspects of each program/activity to mitigate such risks, and that **(4)** Participants are also expected to follow instructions (verbal and visual) for all elements of the program/activity to aid in the mitigation of such risk.

Questions about your group's Empower Leadership program/workshop may be directed to your group's Event Organizer or to Empower Leadership (by phone at 860-652-5690 or via email at Dan@LeadwithEmpower.com).

More information about Empower Leadership can be found on our [website](#) and our social media platforms.



Prepared by:

A handwritten signature in blue ink that reads "Daniel J. Jaskot".

Daniel J. Jaskot
Owner & General Manager
Empower Leadership
(860) 652-5690
dan@leadwithempower.com