It Takes All of Us Working Together



Good News

- Substance use rates are decreasing
- Connectedness to schools
- High reports of parent disapproval of all substances
- 50%+ of youth living in H-K report strong levels of assets and support-- 12% of youth report high levels
- 75%+ of youth reporting several of the VoG dispositions

Survey Participants

Math: (1) work out difference between (2021) and (b 2018) (2) divide the difference by the original number (b) and (c) multiply by 100

HKMS: 271 surveys counted-out of 291 (20 surveys/7% were discarded)

HKHS: 449 surveys counted out of 518 (69 surveys/15% were discarded)

Surveys taken between Jan. 13 – Jan. 22nd 2021

Access through an online link with youth taking it either at home or in class

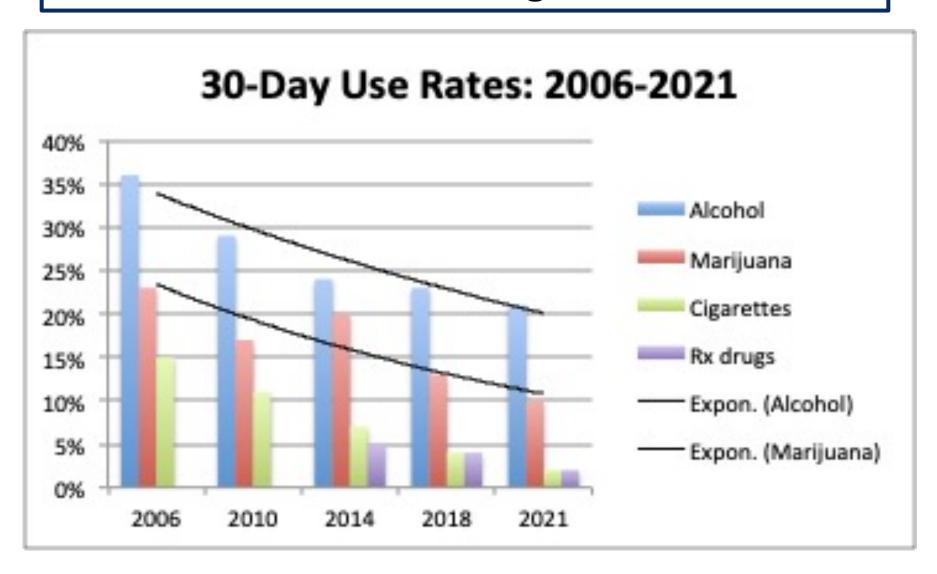
Challenges

- Alcohol & marijuana use rates remain slightly higher than both state and national rates
- Growing numbers of youth do not perceive marijuana as harmful; disconnect with vaping THC or tobacco
- 45% of youth do not feel safe at home or school or in their neighborhoods
- The 44% of HK youth reporting fewest assets are facing greater challenges compounded by a fragmented year

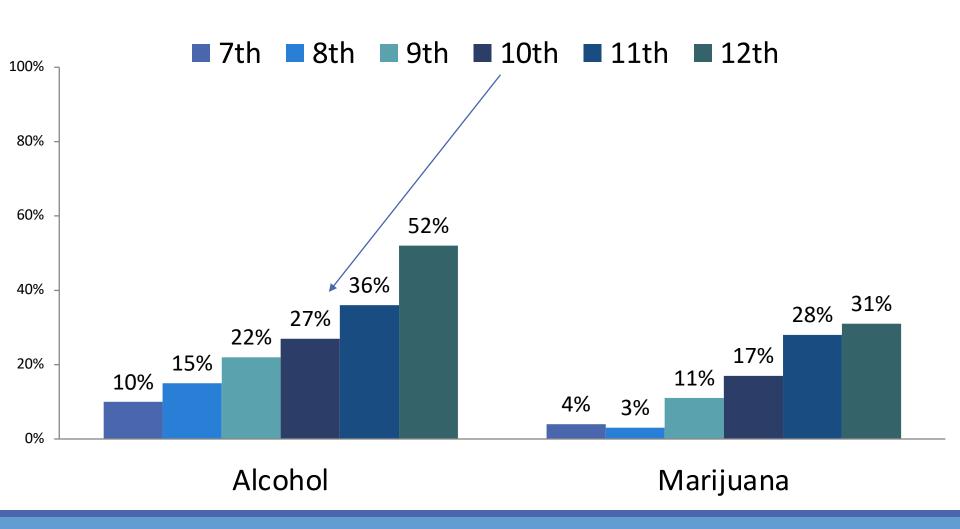
Reducing Risks

MANY HADDAM KILLINGWORTH YOUTH ARE MAKING HEALTHY CHOICES

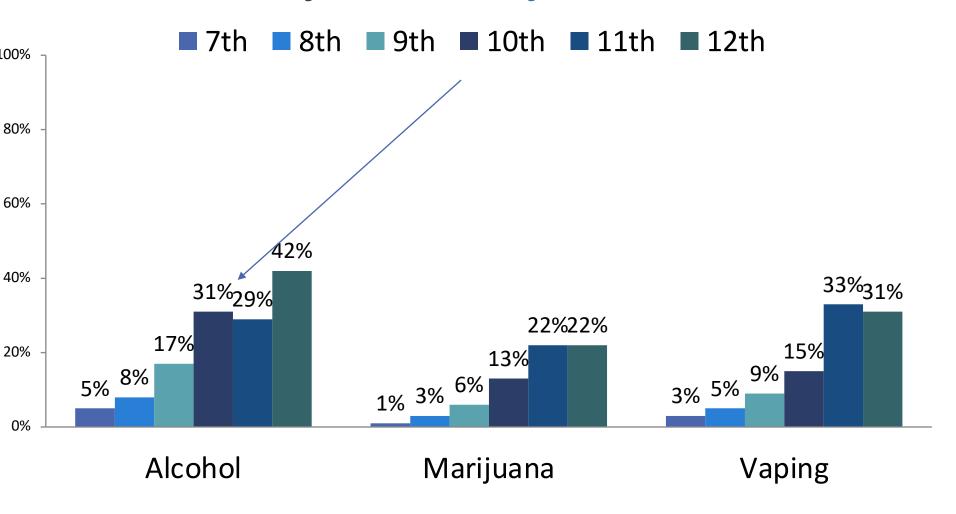
Rates of Use Are Decreasing For All Substances



Alcohol & Marijuana 30-day Use Rates by Grade 2018 Versus



Decreasing Alcohol & Marijuana (But Documented Vaping) 30-day Use Rates by Grade 2021



Areas of Positive Growth and Change for HK Youth

Commitment to Learning and Positive Values--HKMS

| School Engagement*;** |
|------------------------------|
| Bonding to School* |
| Equality and Social Justice= |
| Restraint* |

| 2006- RSD17 | 2018 | 2021 | Change "18-'21 |
|----------------|------|------|-------------------|
| 53% | 33% | 77% | +133% |
| 44% | 61% | 68% | +11% |
| 42% | 71% | 71% | same |
| 39% | 66% | 68% | +3% |

Commitment to Learning and Positive Values--HKHS

| School Engagement* |
|-----------------------------|
| Bonding to School** |
| Equality and Social Justice |
| Restraint** |

| 2006- RSD17 | 2018 | 2021 | Change "18-'21 |
|----------------|------|------|-------------------|
| 53% | 32% | 81% | +153% |
| 44% | 61% | 68% | +11% |
| 42% | 56% | 76% | +36% |
| 39% | 29% | 33% | +14% |

Positive Identity-HKHS

| | 2006- RSD17 | 2018 | 2021 | Change "18-'21 | 8th Grade |
|--|----------------|------|------|-------------------|--------------|
| Personal Power-control over things that happen "to me" | 46% | 38% | 42% | +11% | 37% |
| Self-Esteem | 52% | 42% | 44% | +5% | 38% |
| Sense of Purpose | 70% | 42% | 57% | +36% | 50% |
| Positive View of Future | 74% | 44% | 77% | +75% | 63% |

Social Competencies-HKHS

| Internal Assets |
|------------------------------|
| Cultural Competence*** |
| Resistance Skills* |
| Planning and Decision Making |
| Interpersonal Competence* |

| 2006- RSD17 | 2018 | 2021 | Change "18-'21 | 10 Grade |
|----------------|------|------|-------------------|-------------|
| 35% | 38% | 58% | +53% | 50% |
| 40% | 42% | 48% | +14% | 42% |
| 30% | 34% | 42% | +24% | 38% |
| 47% | 42% | 53% | +26% | 52% |

^{**}reversed; ***is significantly different

Areas Posing A Mix of Growth and Challenges

Social Competencies-HKMS

| Internal Assets |
|--|
| Cultural Competence*** |
| Resistance Skills*(negative peer pressure) |
| Planning and Decision Making |
| Interpersonal Competence* |

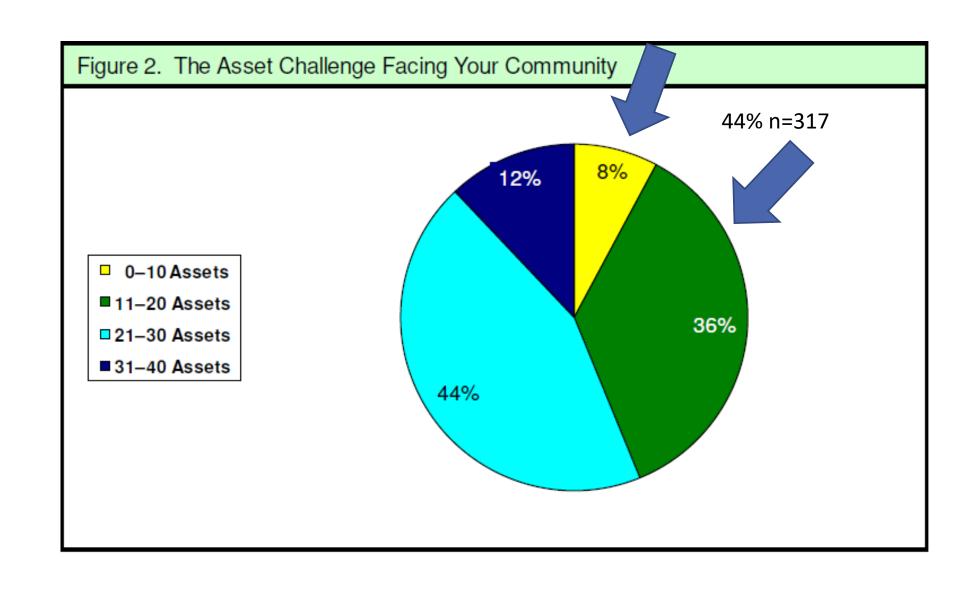
| 2006- RSD17 | 2018 | 2021 | Change "18-'21 |
|----------------|------|------|-------------------|
| 35% | 55% | 60% | +9% |
| 40% | 56% | 55% | -2% |
| 30% | 37% | 36% | -3% |
| 47% | 54% | 59% | +9% |

^{**}reversed; ***is significantly different

Positive Identity-HKMS

| Personal Power-control over things that happen "to me" |
|--|
| Self-Esteem |
| Sense of Purpose |
| Positive View of Future |

| 2006- RSD17 | 2018 | 2021 | Change "18-'21 |
|----------------|------|------|-------------------|
| 46% | 48% | 45% | -6% |
| 52% | 58% | 49% | -16% |
| 70% | 73% | 65% | -11% |
| 74% | 76% | 71% | -7% |



Changes in Thriving Indicators for HKMS Youth By Assets 2018-2021

| Values Diversity |
|--------------------------------|
| Succeeds in School (mostly As) |
| Overcomes Adversity |
| Maintains Good Health |

| 2018 | 2021 | 0-10 Assets 2021 | 31-40 Assets |
|------|------|------------------------|-----------------|
| 65% | 68% | 40% | 86% |
| 44% | 38% | 11% | 69% |
| 70% | 63% | 35% | 86% |
| 70% | 64% | 0 | 100% |

^{*}Differences between genders narrowed significantly;

^{**}reversed; ***is significantly different

Changes in Thriving Indicators for HKHS Youth By Assets 2018-2021

| Values Diversity |
|--------------------------------|
| Succeeds in School (mostly As) |
| Overcomes Adversity |
| Maintains Good Health |

| 2018 | 2021 | 0-10 Assets 2021 | 31-40 Assets |
|------|------|------------------------|-----------------|
| 59% | 77% | 40% | 93% |
| 25% | 34% | 7 % | 56% |
| 69% | 60% | 47% | 85% |
| 57% | 57% | 15% | 96% |

^{**}reversed; ***is significantly different

Comparing Risk-Taking Behaviors for HKMS Youth by Asset Level 2018-2021

| Eating Disorder*** |
|--|
| Hit Someone 1x or More in Past 12-Months*** |
| School Truancy-1x or More in Past Four Weeks |
| Depression most or all the time in last month*** |

| 2018 | 2021 | 0-10 Assets 2021 | 31-40 Assets |
|------|------|------------------------|-----------------|
| 14% | 19% | 50% | 3% |
| 26% | 20% | 45% | 6% |
| 23% | 21% | 45% | 6% |
| 13% | 17% | 55% | 0% |

^{**}reversed; ***is significantly different

Comparison of Risk-Taking Behaviors for HKHS Youth With 0-10 Assets 2018-2021

| Eating Disorder*** |
|--|
| Hit Someone 1x or More in Past 12-Months*** |
| Attempted Suicide |
| Depression most or all the time in last month*** |

| 2018 | 2021 | 0-10 Assets 2021 | 0-10 Assets 2018 |
|------|------|------------------------|------------------------|
| 22% | 23% | 40% | 4% |
| 21% | 14% | 28% | 2% |
| 14% | 10% | 25% | 4% |
| 18% | 21% | 50% | 0% |

^{**}reversed; ***is significantly different